Elements of the Zulu culture

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Beer pot

This is a beer pot
It is made from clay
It is made by women.
It is specially for drinking Zulu beer.
It may come in different sizes with different designs.
Ivovo

This is known as ivovo

It is like a net but it is made with grass.

It is for sifting; separating the watery part from the rough part of the sorghum beer (ukuvova).

Which will make the beer drinkable.
Horns

In our tradition, when an animal is slaughtered, for any ritual, the horns are not thrown away.

This image shows goat horns.
This plant is known as ‘iboza’.

Iboza is used to cure colds and flu.

One would take and grind it, mix it with water; the water would change colour to green and than drink it for colds and flu.
Incense is known as impepho in IsiZulu. It is burnt on several occasions but usually used to communicate with ancestors.
Curing a headache using incense
Umhlwehlwe is a layer of fat taken from an animal; usually a cow.

When a girl has umemulo, it covers her shoulders.

It may also be hung in this manner after the ritual or ceremony.
The hut

Huts are Zulu traditional houses.

In townships, you may still find a hut, outside the main house. It is where rituals are performed.
Grass mat

A grass mat is known as ucansi in IsiZulu.

It is used for sitting and also sleeping.
Beaded skirt

The beaded skirt is part of the traditional attire.

It is designed differently and worn by females, from young girls to older women.
Izintanga

This green herb is known as izintanga, it is a source of food.

When cooked, it looks like spinach and even tastes like it.

It is eaten with uphuthu (pap).